

Camp Food #1

Based on a recipe by Andrew Skurka ¹. This recipe is enough for about 4 meals:

Recipe

Batch mix dry ingredients:

205 g (7.25 oz)	instant beans
157 g	instant rice
22 g	taco seasoning

100 g of the dry mix makes a small meal. Rehydrate by adding boiling water a bit above the level of the mix and letting sit, covered, for 5 minutes.

Serve with fritos, salsa, cheese, a tortilla, hot sauce or anything else.

¹ via <https://andrewskurka.com/backpacking-dinner-recipe-beans-rice-with-fritos-cheese>